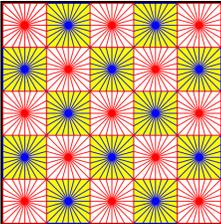


## Trauma-Informed Teaching Strategies -- Volume #1

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|    | <p style="text-align: center;"><a href="#"><u>Trauma-Informed Teaching Strategies</u></a></p>  | <p>Small changes in classroom interactions can make a big difference for traumatized students. Up to two-thirds of U.S. children have experienced at least one type of serious childhood trauma, such as abuse, neglect, natural disaster, or experiencing or witnessing violence. Trauma is possibly the largest public health issue facing our children today (CDC, 2019). Teachers can be proactive and responsive to the needs of students suffering from traumatic stress.</p>   |
|   | <p style="text-align: center;"><a href="#"><u>A Trauma-Informed Approach to Teaching Through Coronavirus</u></a></p>                         | <p>We know that in some districts, schools have just closed, while in others, there's an expectation that classes will shift to distance learning. This change can be a challenge for educators as well as students. From a trauma-informed standpoint, what do educators need to be conscious of as they navigate this transition?</p>   |
|  | <p style="text-align: center;"><a href="#"><u>Essential Trauma-Informed Teaching Strategies for Managing Stress in the Classroom</u></a></p> | <p>Poverty, violence, hunger, abuse, and an unstable world are causing chronic stress for our nation's kids. And that sad truth is that prolonged exposure to stress can damage the centers of the brain associated with learning, cause behavioral problems, and increase the cycle of violence. Because teachers are the adults who see students for the longest periods of time throughout the day, teachers play a critical role in recognizing the symptoms of trauma and treating it at the classroom level. Check out these tips that are absolutely essential for anyone working with trauma.</p> |
|  | <p style="text-align: center;"><a href="#"><u>6 Things You Can Do to Create A Trauma Informed Learning Environment!</u></a></p>              | <p>Main points that you can do to create a trauma informed learning environment include creating and maintaining stability, offering choices, anticipating and providing extra support, helping children to calm themselves, loving them, and taking care of yourself.</p>  |

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