



## Social and Emotional Learning Professional Learning Opportunities With Micro-Credentials and Book Study Courses

**Licensure Renewal Credit Available**

### Social and Emotional Learning Micro-Credentials

Five individual micro-credentials provide a foundation for understanding the importance of social and emotional learning; strategies and tools for implementing and measuring social and emotional learning in your classroom and school are included. You may use the micro-credentials individually, with your learning team, or as an element of your building's professional development program. When you complete all five micro-credentials in the bundle, you can also earn a licensure renewal credit.

- ✓ **Social and Emotional Learning: The Why?** – This micro-credential focuses on the “why,” the importance of and need for social and emotional learning as an integral element of a school's curriculum and instruction. You will assess your school's current climate and culture and make a case for professional development regarding social and emotional learning.
- ✓ **Social and Emotional Learning: The What?** – Social and emotional learning (SEL) is the process through which children and adults understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions. This course focuses on building a deep understanding of the elements of SEL, as well as related terminology.
- ✓ **Social and Emotional Learning: Positive Relationships with Students** – Research shows that when there is a positive teacher-student relationship, students feel safe are not afraid to take risks as part of the learning process. Teachers who have created positive teacher student relationships are more likely to have above-average effects on student achievement. This micro-credential focuses on identifying and developing positive student relationships in the classroom.
- ✓ **Social and Emotional Learning: Affirmative Language and I Statements** – Verbal expectations and feedback to students help create the unique learning environment within classrooms. Affirmative language is important, as it tells students what they are or should be doing, rather than what they shouldn't do. Another SEL strategy is the use of “I Statements” to express strong feelings, especially when solving conflicts.
- ✓ **Social and Emotional Learning: Measurement Tools** – Measurement tools for social and emotional learning are critical for evaluating a school's SEL program. There are critical considerations schools must make in selecting an SEL assessment. This course highlights those considerations and asks participants to evaluate potential assessments against those considerations.



## Social and Emotional Learning Book Studies

MISIC provides two resources to help you plan and implement a book study focused on Social and Emotional Learning. Recommended books include, and are not limited to,

- *Fostering Resilient Learners: Strategies for Creating a Trauma-Sensitive Classroom* by Kristin Souers and Pete Hall (2016)
- *Help for Billy: A Beyond Consequences Approach to Helping Challenging Children in the Classroom* by Heather T. Forbes (2012)
- *Lost at School: Why Our Kids with Behavioral Challenges are Falling Through the Cracks and How We Can Help Them* by Ross Greene (2014)
- *Relationship, Responsibility, and Regulation: Trauma-Invested Practices for Fostering Resilient Learners* by Kristin Souers and Pete Hall (2019)

Use the [SEL Book Study Planning Guide](#) micro-credential to plan your book study. This micro-credential explains the rationale for SEL book studies, provides tips for planning, and includes many strategies for engaging adult learners in a book study.

See an example of a [Book Study Course](#) that has followed the micro-credential planning guide and meets all the requirements for licensure renewal credit. This course example includes the rationale for studying *Fostering Resilient Learners* and shows how to establish a calendar for learning, the participation requirements, and how the learning is assessed with a simple three-point rubric. Use [MISIC's LRC course template](#) to create and submit your course for approval.