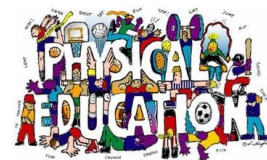


Ongoing Progress with MISIC Special Projects



Physical Education — As of March 2016



Physical Education

Number of Instructors Involved

October Meeting	March Meeting	
10	6	Six of the teachers participating in the October meeting were able to return to help with the completion of Phase I of this project in March. Many members of the team helped by adding “I Can” statements, etc., through the year.

Outcomes for October and March Curriculum Days and Beyond ... Current Reality to the Desired State!

Understand the framework of SHAPE AMERICA

Progress: We worked through the document entitled “Shape America—Society of Health and Physical Educators, Grade-Level Outcomes for K-12 Physical Education.” The goal of physical education is to develop literate individuals who have the knowledge, skills, and confidence to enjoy a lifetime of healthful physical activity.

As we worked through the grade-level outcomes for the five standards, we immediately noticed the large number of grade-level outcomes at the K-5 level with fewer at the 6-8 level and fewer at the 9-12 level. Many foundation skills are needed at the K-5 level to begin the learning continuum of the skills and knowledge.

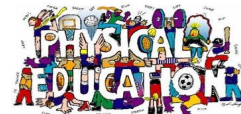
Understand the historical view of the standards work

Progress: See the attached form shows the work in the PE area at the National level, the State Level, and at the MISIC level. We worked through this chart in detail so we understood what has been done in the past and what the current state is now.

Ongoing Progress with MISIC Special Projects As of March 2016

Physical Education

Determine similarities and differences between the current MISIC Standards (Previous Standards) and the New Shape America PE Standards.



Few Highlights of These PE Conversations

- ◆ SHAPE AMERICA includes more skill sequence and progression, includes differentiated instruction strategies, and includes more social-emotional well being. The content is quite similar but formatted so it is easier to read and use. SHAPE America has broken down specific skills more/breakdown of knowledge and skills more. SHAPE America is more focused on competencies and knowledge than performance.
- ◆ The identification of the most significant differences between the past standards and the new Shape America standards took place again at our March meeting, and these include: More application based, more understanding rather than just performance, more focus on the why, more use of higher level and deeper grade-level outcomes, more specific grade-level outcomes, easier vertical articulation of grade-level outcomes, competency and knowledge of knowing how with more breakdown of skills—how to learn, more process vs. product, more priority of important concepts. The document also provides a great resource as schools move to standards-based grading.

Crosswalk the connections between the MISIC/Previous Standards and the New National Shape America Standards

****All the MISIC standards/benchmarks are cross referenced with the new SHAPE America standards and grade-level outcomes.****

****Any SHAPE America grade-level outcomes not cross referenced to the MISIC standards/benchmarks have been identified.****

Jamie will now work with updating the document cross referencing the new standards with the previous/MISIC standards so this will be available to MISIC members. Also, those standards not aligned will be identified. How can we also put on the new SHAPE America standards to Curriculum Manager so those who want to go straight here can do so?

Work collaboratively on line/face to face to create examples of “I Can Statements” for various grade-level outcomes

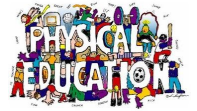
Examples of “I Can Statements” have been developed and inserted into the document for teachers to use. These were also developed by the PE team.

Ongoing Progress with MISIC Special Projects As of March 2016

Physical Education

Determine next steps for publicity, training, Phase II of this project, etc.

Recommendations for Phase II of this Project from the PE Team in March:



1. **Use Email/Social Media** to get the word out to PE teachers, principals, curriculum coordinators, and superintendents to stress the importance of the new SHAPE America Standards for PE. The email process recommended includes:

Subject Line: **Free K-12 PE Resources**

First Click and One Attachment:

Click here for the NEW “Physical Education Guidelines” for Grades K-12

- *Attach the “SHAPE America Document of Standards/Grade-Level Outcomes” document
- *Add the link in the message area so that the above document can be accessed.

(This gives everyone two options to locate the document.)

Second Click to SHAPE America Website: Click here to learn more about SHAPE America

Third Click: If your school is a MISIC school, click here for permission to access the resources on the WIKISPACE and the alignment document.

2. **Host a PE Networking Day For MISIC Schools to be Held Next Fall in a Central Location (Make it low key, make it casual, etc.)**

When: September/October **Time:** 8:30 a.m. – 2 p.m.

Where: Ames Area in a Gym (Possible Location: Rec Center in downtown Ames – Contact Keith Abraham)

How: Begin the day with an **overview of the SHAPE America standards/grade-level outcomes** and participate in some of the activities we did at our day one session to get everyone on board with the standards. Share completed document/WIKISPACE, etc. Various stations/round tables would take place for sharing of ideas and networking (majority of the day). Some of these ideas may include, but not limited to:

Technology Integration into PE classrooms

Assessment in PE

Technology Professional Development for Us—PE Teachers

Standards—Dig Deeper

New Ideas, New Instructional Strategies, New Games, and New Equipment in PE

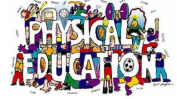
PE Teaching – What A Great Profession to Impact Students!

Ongoing Progress with MISIC Special Projects

As of March 2016

Physical Education

Continuation of the PE Networking Day For MISIC Schools



- ◆ There would be many times throughout the day for activity breaks, warm-up ideas, networking, etc.
- ◆ Some great contacts to possibly join us: LuAnn Swanson from Pekin, Bev Ahrends from BVU, Rick (SOS Fridays), etc.
- ◆ How do we communicate the importance of this to principals, superintendents, curriculum coordinators, etc.?
- ◆ The six teachers at our final session in March volunteered their services to help plan and pull off this day. The other teachers involved would probably help, too.

Involved PE Instructors (2015—2016)

PE Participants at both March and October Days

Shelly Bickel, Gilmore-City Bradgate (K-6)

Stephanie Klaffke, Gilbert (K-5)

Shawn Mellen, West Hancock (5-8)

Sarah Murphy, Meskwaki Settlement (K-12)

Stuart Sanders, Hubbard-Radcliffe (6-8)

Bonnie Watson, Van Buren (K-8)

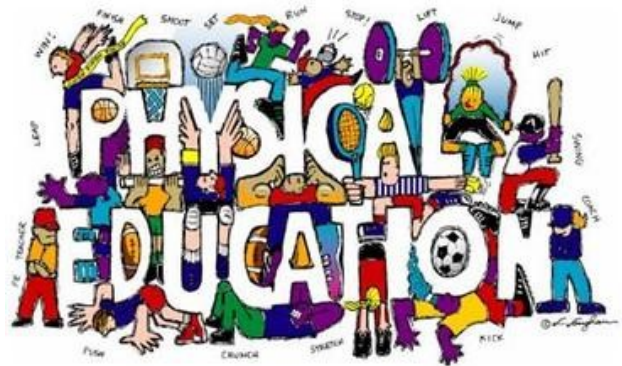
PE Participants at October Meeting Only

Nicole Allen, Marshalltown (K-8)

Chad Beaman, Humboldt (5-8)


Justin Mellmann, Storm Lake (9-12)

Luke Rickelman, Ft. Madison (4-8)



Working With PE, Music, and Visual Arts Standards

(As of March 2016)

	MUSIC	ART	PHYSICAL EDUCATION 
<p>MISIC Content Standards Work</p>	<p style="text-align: center;">General Music, Jazz, Choral Performance, & Instrumental Music K-12</p> <p>These were based on the National Standards for Arts Education published by the Music Education National Conference in 1994.</p> <p style="text-align: center;">Year: February 2010</p> <p style="color: red; text-align: center;">Cross Referenced the New 2014 National Core Arts Standards with the previous MISIC standards from 2010.</p> <p style="text-align: center;">Year: March 2016</p>	<p style="text-align: center;">Art Visual Arts K-12</p> <p>These were based on the National Standards for Arts Education published by the Music Education National Conference in 1994.</p> <p style="text-align: center;">Year: 2010</p> <p style="color: red; text-align: center;">Cross Referenced the New 2014 National Core Arts Standards with the previous MISIC standards from 2010.</p> <p style="text-align: center;">Year: March 2016</p>	<p style="text-align: center;">Physical Education and Wellness K-12</p> <p>These were based on publication entitled "Moving Into the Future, National Standards for PE" published by National Association for Sport and Physical Education in 2004.</p> <p style="text-align: center;">Year: March 2011</p> <p style="color: red; text-align: center;">Cross Referenced the New 2013 SHAPE America standards with the previous MISIC standards from 2011.</p> <p style="text-align: center;">Year: March 2016</p>
<p>State of Iowa Iowa Core Universal Constructs Companion Standards Work</p>	<p style="text-align: center;">K-8 General Music 5-12 Instrumental Music 5-12 Vocal Music</p> <p>Iowa Arts Standards -- Originally issued May 2013 and then updated versions linked January 2014.</p> <p style="text-align: center;">Iowa Core Companion (K-12) Documents for Fine Arts Alignment with the Iowa Core Universal Constructs (2014)</p> <p style="text-align: center;">General Music (K-8) Iowa Core Companion Instrumental/Vocal Music (5-12) Iowa Core Companion</p>	<p style="text-align: center;">Visual Arts</p> <p>Iowa Arts Standards -- Originally issued May 2013 and then updated version linked in January 2014</p> <p style="text-align: center;">Iowa Core Companion (K-12) Documents for Fine Arts Alignment with the Iowa Core Universal Constructs (2014)</p>	<p>None</p>
<p>National Content Standards Work</p>	<p style="text-align: center;">National Core Arts Standards – Music</p> <p style="text-align: center;">Year: 2014</p> <p>The Next Generation Arts Standards (Performance) now called the National Core Arts Standards (June 2014 Release)</p>	<p style="text-align: center;">Art National Standards (Updated the 1994 National Standards)</p> <p style="text-align: center;">Year: 2014</p> <p>The Next Generation Arts Standards (Performance) now called the National Core Arts Standards (June 2014 Release)</p>	<p style="text-align: center;">National PE Standards (Rewritten) Shape America</p> <p style="text-align: center;">Year: 2013</p>