

FORCES FOR CHANGE: GAINING COMMITMENT

Every change causes anxiety. Thinking about how to gain commitment to the proposed change can help ensure that it will be implemented. In processing how to get participants on board with the professional development program, brainstorm the reasons why participants might embrace the change and how to maintain this support. Then brainstorm the reasons that others might resist the change and how this resistance can be addressed or overcome.

Proposed Change _____

Reasons to Embrace the Change	Reasons to Resist the Change
Ways to Maintain the Positives	Ways to Address or Overcome Resistance